

Toni Bravo and Diverse Space Youth Dancetheatre

**GALERIE
LISTROS**

Out of the Box

**17.06.13
19:00 Uhr**

www.galerie.listros.de
Kurfürstenstr. 33
10785 Berlin
Phone: (030) 3259 1220

A Free Performance & New Work created in the Berlin Workshops
visit www.ChocolateMedia.de/Listros for more info about the Berlin "Out of the Box" Workshops

Toni Bravo and Diverse Space Youth Dancetheatre will offer a free performance at the Listros Gallery. In addition to Toni doing a solo performance, the company will do "One + One + One +...." and "The Dream" A special premier of a new group work created during Bravo's "Out of the Box" Workshop in Berlin will accent this special evening. This premiere of the new piece will include images inspired by Listros Gallery and Program. The overall theme of the evening is "Passing on strength, courage, and passion."

**GALERIE
LISTROS**

Out of the Box with Toni Bravo

artistic director of Diverse Space
& Diverse Space Youth Dance Theatre

4 days of Technique classes
accompanied by the creation of a piece
to be performed at Listros Gallery on 17.06.13

FREE WORKSHOPS

from 10:00 Uhr - 14:00 Uhr each day

13.06 & 14.06 at Caramba tanz & co

Greifswalder Straße 207, 10405 Berlin
Phone: 030 22435352
caramba-berlin.de

caramba
tanz & co

15.06 & 16.06 at Theaterhaus Berlin Mitte

Wallstraße 32, 10179 Berlin
Phone: 030 28041966
thbm.de

**Theaterhaus
Berlin Mitte**

IdeoKinesis - Dance/Theatre - Contemporary - Ballet - Modern Dance Classes

Ms. Bravo's Dance techniques are a beautiful combination of strengthening and exploration sequences, which will grant dancers the mastery of weight, momentum, and space awareness, the necessary ingredients for thorough corporeal expression. All of her pedagogical theories derive from: the Laban Movement Analysis, the Gardner model of multiple intelligences, and Body Sculpting method. She applies each of these systems to classical and contemporary techniques resulting in rich, fluid and articulate mobility and expression.

Bravo's technique also integrates some of the latest currents in Deep Muscle Release and strengthening as well as Neuromuscular path building studies, which promote vast increase in range of movement and a powerful awareness of motion as a performance idiom.

Some of the topics included in Bravo's IdeoKinesis classes are:

**Kinesthetic awareness • Movement Initiation and trajectory • Full resolution • Internal logic
Specificity of path • Spatial Goal and Space Harmony • Space pull • Spirals and other three dimensional relationships
Muscular intent and strengthening • Awareness and full involvement • Rhythmic and flow awareness**

visit ChocolateMedia.de/Listros for more info or email: diversespace@gmail.com
or join on FaceBook at <http://www.facebook.com/diversespacedance>